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COVENTRY HEALTH CARE TO RELEASE FOURTH QUARTER 2008 FINANCIAL RESULTS

Bethesda, Maryland (January 16, 2009) – Coventry Health Care, Inc. (NYSE: CVH) announced today that it will release fourth quarter financial results on Tuesday, February 10, 2009. Dale Wolf, Coventry’s Chief Executive Officer, will be hosting a conference call at 8:00 a.m. ET on that day. To listen to the call, dial toll-free at (888) 726-2459 or, for international callers, (913) 312-0855. Callers will be asked to identify themselves and their affiliations.

The conference call will also be webcast from Coventry’s Investor Relations website at www.coventryhealthcare.com. Coventry asks participants on both the call and webcast to review and be familiar with its Securities and Exchange Commission (SEC) filings. A replay of the call will be available for one week at (888) 203-1112 or, for international callers, (719) 457-0820. The access code is 4571012.

Coventry Health Care (www.coventryhealthcare.com) is a diversified national managed healthcare company based in Bethesda, Maryland, operating health plans, insurance companies, network rental and workers’ compensation services companies. Through its Commercial Business, Individual Consumer & Government Business, and Specialty Business divisions, Coventry provides a full range of risk and fee-based managed care products and services to a broad cross section of individuals, employer and government-funded groups, government agencies, and other insurance carriers and administrators.