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COVENTRY HEALTH CARE TO RELEASE FIRST QUARTER 2009 FINANCIAL RESULTS

BETHESDA, Md. (April 1, 2009) – Coventry Health Care, Inc. (NYSE: CVH) announced today that it will release first quarter 2009 financial results on Tuesday, April 28, 2009. Allen Wise, Coventry’s Chief Executive Officer, will be hosting a conference call at 8:00 a.m. ET on that day. To listen to the call, dial toll-free at (877) 723-9509 or, for international callers, (719) 325-4769. Callers will be asked to identify themselves and their affiliations.

The conference call will also be webcast from Coventry’s Investor Relations website at www.coventryhealthcare.com. Coventry asks participants on both the call and webcast to review and be familiar with its Securities and Exchange Commission (SEC) filings. A replay of the call will be available for one week at (888) 203-1112 or, for international callers, (719) 457-0820. The access code is 9948717.

Coventry Health Care (www.coventryhealthcare.com) is a diversified national managed healthcare company based in Bethesda, Maryland, operating health plans, insurance companies, network rental and workers’ compensation services companies. Through its Commercial Business, Individual Consumer & Government Business, and Specialty Business divisions, Coventry provides a full range of risk and fee-based managed care products and services to a broad cross section of individuals, employer and government-funded groups, government agencies, and other insurance carriers and administrators.